

2020 IS THE YEAR TO FOCUS ON YOUR WELLNESS!

Wellness is a daily commitment, and ActiveHealth will be your partner each step of the way. Get rewarded for your hard work with **\$150 in e-gift cards** and a **2021 health premium discount!**

Three ways to earn, get started today!

1

Health Assessment: Visit www.myactivehealth.com/stateofindiana to complete yours for a \$50 e-gift card.

2

Biometric Screening: Completed biometric screenings are worth a \$100 e-gift card. Pick an option to complete yours from your ActiveHealth portal. A schedule of onsite events is available on www.investinyourhealthindiana.com/biometric-screening.

3

2021 Premium Discount Activity: Employees and spouses each choose from three activity options. The activity you choose must be completed by Sept. 30, 2020. To get started, call 855-202-4219 or visit www.myactivehealth.com/stateofindiana.

ActiveHealth, one of your INSPD wellness benefits, provides unlimited access to health coaches and a library of health information to help you reach your goals.

For more information about ActiveHealth and the other wellness benefits available to you, visit InvestInYourHealthIndiana.com.