



# State of Indiana



## Employee Benefit: Corporate Rate Reminder!!!

**Individual:** \$45 a month with a \$30 enrollment fee

**Couple:** \$70 a month with a \$50 enrollment fee

\*Add-ons are \$15 each and must be immediate family members, 13-21 years of age, living at the same residence.



- Increase Productivity
- Increase Health/Wellness
- Increase Energy Levels
- Relieve Stress
- Reduce Healthcare Costs
- Reduce Illnesses
- Form Healthy Habits!

## All TCU Employees Are Eligible For This Special Rate!

### ICE Membership Perks!

*50+ Group Fitness Classes, State-of-the-Art Equipment, Cardio Room, Yoga & Pilates Studio, Childcare, Personal Training, Nutritional Consultation, Massage Therapy, Weight Room, Basketball, Adult Locker Room, Steam Rooms & Showers, Complimentary Towel Service, Internet Lounge, Fitness Boutique, Café*

**Contact: Sandy Brown, Chris Summers, [info@ice-gym.com](mailto:info@ice-gym.com)**

ICE<sup>®</sup> Athletic Center | 1526 Deer Run Dr. | Mishawaka, IN | 46545 | [www.ice-gym.com](http://www.ice-gym.com) | [facebook.com/IceAthleticCenter](https://facebook.com/IceAthleticCenter) | 574.258.0204

### FREE 3 Day Corporate Pass!

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\*Offer expires December 31, 2019

*Offer valid for any of our Group Fitness Classes, Yoga/Pilates, Cardio/Weight Room, & Basketball for 3 days with proof of employment with the **State of Indiana!***

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