



All Municipalities Employees Receive a **31% DISCOUNT** on a Fitness Forum Sports & Wellness Membership

Join TODAY!

For more information contact:

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574-936-2333
pchoquette@fitnessforum.biz

Your Membership Includes:

In clean pleasant surroundings with guidance from our competent staff, you can join the increasing number of people who are aware of the importance of physical fitness.

- Fitness Evaluations
- Exercise Prescriptions
- Equipment Orientation
- Member Orientation
- Wellness Coaching Session
- Cardiovascular Equipment
- TechnoGym Strength Training
- Indoor 1/7 Mile Walk/Run Track
- Community Outreach Education
- Group Exercise Classes
- Aquatic Classes
- Gymnasium
- Rock Wall Climbing
- 25 Yard Lap Pool
- Warm Water Therapy Pool
- Locker Rooms
- Steam, Dry Sauna, Spa
- Racquetball

Your Membership is ONLY \$43 per month



fitness FORUM  | **Life**
sports & wellness P L E X

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