

# Biometric Screening Guide

A biometric screening collects measurements such as blood pressure, cholesterol, glucose levels, and body mass index (BMI) to provide a quick check-up on some key indicators of your current health. You will be asked some questions, weighed, measured, and a blood sample will be taken by finger stick or venipuncture depending on the biometric screening location. You will get instant results along with help understanding your measurements. A biometric screening is not a substitute for a regular check-up with a doctor, but is a great way to see if you are on track or need to follow up with your doctor between regular doctor visits.

Employees and spouses eligible for the ActiveHealth program earn a \$100 e-gift card for completing a biometric screening. **Your results must be visible in the ActiveHealth portal by November 30, 2020 to receive the e-gift card.** E-gift cards are redeemed from the Rewards Center on the [ActiveHealth portal](#).

Complete your 2020 biometric screening for free through one of the three options listed in this guide.

## 1. Onsite Screening

Onsite screenings will occur February through October at designated State of Indiana work locations. A team of screening technicians will complete your screening during a 15 minute appointment. View the schedule of onsite biometric screenings at [www.investinyourhealthindiana.com/biometric-screening](http://www.investinyourhealthindiana.com/biometric-screening).

To make an appointment at an onsite screening, log in to the [ActiveHealth portal](#) and click the “Get a biometric screening” link on the homepage. Then click the “Onsite Screening” link listed in option 1.

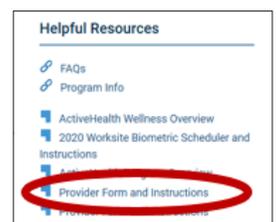
### Schedule an appointment:

1. Find the screening location from the list of open and closed sites.
2. Click the select event hyperlink to schedule.
3. Click on the plus sign for the time you wish to schedule.
4. Enter your full name and email address.
5. Click “Create Appointment.”

On the day of your appointment, please bring a valid photo ID. If you need to cancel or reschedule your screening appointment, email Nicki Hutchins at [screeningservicesmanager@verve-health.com](mailto:screeningservicesmanager@verve-health.com).

## 2. Provider Form

The provider form is used when your screening is being completed as part of your annual physical. There will be no reimbursement for any cost associated with having your physician complete this form. To access the form, log in to the [ActiveHealth portal](#) and click the “Provider Form and Instructions” from the home screen.



1. Schedule an appointment for your physical with lab work.
2. Print the Provider Form and fill in Section 1. Bring the form to your appointment, and have your doctor complete Section 2.
3. You are responsible for submitting your completed form. Follow instructions on the form to submit it via fax or upload. **Please note, it can take up to 4 weeks for forms to be processed.** Your form is considered processed when the ActiveHealth portal Rewards Center shows the activity as complete.

## 3. Partner Clinics

### Quest Diagnostics

To have a screening completed through Quest Diagnostics, log in to the [ActiveHealth portal](#) and click the “Quest Biometric Scheduler” link on the homepage. This will take you to the Quest Diagnostics website. If you created an account in 2019, use that Username and Password to log in to your account. If you do not already have an account, follow the instructions below to create your account.

To create an account:

1. In the “Create Account” box, enter Indiana2020 as the Registration Key
2. Accept the Terms and Conditions
3. Enter your social security number as the Uid, your birthdate, and choose if you are an employee or non-employee (spouse)
4. Click “Continue”
5. Create a Username and Password
6. Click “Continue”
7. Confirm your information and click “Save”

Once you have logged in or created your account, you can click “Schedule a Screening” on the homepage. From here you will be able to see the available Quest Diagnostics locations in your area and schedule an appointment. Make sure to print and take your requisition form to your appointment.

### CVS Minute Clinic

To complete your biometric screening through a CVS Minute Clinic print the ActiveHealth Comprehensive Health Screening Voucher found on your [ActiveHealth portal](#). Take your voucher to a CVS Minute Clinic location and follow all instructions found on your form. You do not need an appointment, but you can reserve your spot in line by visiting [www.cvs.com/minuteclinic](http://www.cvs.com/minuteclinic).

#### Helpful Resources

- [FAQs](#)
- [Program Info](#)
- [ActiveHealth Wellness Overview](#)
- [ActiveHealth Program Overview](#)
- [Provider Form and Instructions](#)
- [2020 Worksite Biometric Scheduler and Instructions](#)
- [Quest Biometric Scheduler](#)
- [Invest In Your Health](#)

## Have Questions?

Visit [www.InvestInYourHealthIndiana.com/ActiveHealth](http://www.InvestInYourHealthIndiana.com/ActiveHealth) or call the benefits hotline at 317-232-1167 or 877-248-0007 Monday through Friday from 7:30 a.m. to 5 p.m. Or email [spdbenefits@spd.in.gov](mailto:spdbenefits@spd.in.gov).