

2021 A FRESH START ON YOUR WELL-BEING

Wellness is a daily commitment, and ActiveHealth will be your partner each step of the way. Get rewarded for your hard work with **\$150 in e-gift cards** and a **2022 health premium discount!**

Three ways to earn. Get started today!

1

Health Assessment: Visit www.myactivehealth.com/stateofindiana to complete yours for a \$25 e-gift card.

2

Wellness Visits: Completed wellness visits are worth a \$100 e-gift card. Pick an option to complete yours from your ActiveHealth Rewards Center.

3

2022 Premium Discount Activity: Employees and spouses each choose from three activity options. The activity you choose must be completed by Sept. 30, 2021. To get started, call 855-202-4219 or visit www.myactivehealth.com/stateofindiana.

Don't forget to redeem your \$25 e-gift card for your fall 2020 flu shot.

ActiveHealth, one of your INSPD wellness benefits, provides unlimited access to health coaches and a library of health information to help you reach your goals.

For more information about ActiveHealth and the other wellness benefits available to you, visit InvestInYourHealthIndiana.com.