



Tx:Teamsm

*Working with us is good therapy.*sm

PHYSICAL THERAPY

Is this how you sit?

Whether in the office or working from home, poor posture at your desk can cause shoulder, neck, and back pain.

Call the clinic and speak to a Physical Therapist about starting treatment to address your pain.

You or any member of your family can see a Physical Therapist in your clinic or through a virtual visit!

For more information:
317-757-9470

Invest In Your Health

Physical Therapy can treat:

- **Head/Neck pain**
- **Back Pain**
- **Neuropathy**
- **Osteoporosis**
- **Post-surgical**
- **Sports Injuries**
- **Traumatic injuries**
- **Vestibular Dysfunctions**
- **Other diagnoses and conditions**

Physical Therapy Services are available for State of Indiana employees and their dependents covered by a State of Indiana health plan.