

# MAKE WELLNESS A

# PRIORITY IN 2022

Wellness is a daily commitment, and ActiveHealth will be your partner each step of the way. Get rewarded for your effort with **\$175 in gift cards** and a **2023 health premium discount!**

## FOUR WAYS TO EARN. Get started today!

- 1 Health Assessment:** Visit [www.myactivehealth.com/stateofindiana](http://www.myactivehealth.com/stateofindiana) to complete yours for a \$25 gift card.
- 2 Wellness Visits:** Completed wellness visits are worth a \$100 gift card. Pick an option to complete yours from your ActiveHealth Rewards Center.
- 3 Dental Cleaning:** Completed dental cleanings are worth a \$50 gift card. The \$50 reward is limited to one dental cleaning.
- 4 2023 Premium Discount Activity:** Employees and spouses each choose from four activity options. The activity you choose must be completed by Sept. 30, 2022. To get started, call 855-202-4219 or visit [www.myactivehealth.com/stateofindiana](http://www.myactivehealth.com/stateofindiana).

ActiveHealth, one of your INSPD health plan benefits, provides unlimited access to health coaches and a library of health information to help you reach your goals.

For more information about ActiveHealth and the other wellness benefits available to you, visit [InvestInYourHealthIndiana.com](http://InvestInYourHealthIndiana.com).