

Introducing Our Shared Physical Therapy Clinic Model

Four (4) convenient locations surrounding the Indianapolis metro area to serve you:

1. City of Fishers (north)
2. Finish Line (east)
3. Tx:Team at Bosma (west)
4. Government Center (downtown)



Access physical therapy virtually from anywhere.

To schedule an appointment with a Tx:Team physical therapist:

Call or text to: **317.503.1907** | Email: schedulePT@txteam.com

If you have additional questions, please reach out to your company's HR/Personnel representative.



Tx:Teamsm

Working with us is good therapy.sm





Elena Dubinski, DPT, City of Fishers

Elena received her Doctorate in Physical Therapy from Des Moines University and completed her MBA at Anderson University. She has fourteen (14) years of clinical experience as a physical therapist with a strong background in orthopedic care. Elena has worked with a wide age range of individuals covering a broad span of diagnoses and severity of cases, and offers excellent manual therapy skills. Her passion to help her patients is clear in her holistic and personalized evidence-based plans of care.

Sara Sermersheim, DPT, Finish Line

Sara completed her Doctorate in Physical Therapy at the University of Evansville, and has worked in outpatient Physical Therapy for the last six (6) years treating patients of all ages and various orthopedic conditions. She holds certifications in dry needling as well as vestibular and concussion rehab. In addition, Sara has training in the McKenzie Method for spine pain.



Mitch Parsons, PT, Tx:Team at Bosma

Mitch graduated from Ball State University with a degree in Exercise Science and went on to receive a Bachelor of Physical Therapy from Indiana University. He furthered his education by earning his MBA from the University of Tennessee. Mitch has extensive training in vestibular rehabilitation, sports medicine, and orthopedics. He has earned certifications from the National Strength & Conditioning Association as a Certified Strength & Conditioning Specialist and is a Certified Personal Trainer as well.



Alex Strahle, DPT, Government Center

Alex graduated from the University of Evansville with a Bachelor of Science in Exercise Science, and continued his education at the University to receive his Doctorate of Physical Therapy. Alex is a Certified Strength and Conditioning Specialist and has completed training in Maitland Courses I & II. He enjoys seeing patients return to an active lifestyle after treatment for their pain and dysfunction, and strives to provide personalized and compassionate care to each of his patients.

