**Have you completed your annual physical?**

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^This image should link to <https://www.investinyourhealthindiana.com/annual-physical/>

It's easy to get caught up in the day-to-day grind and put our health on hold. But the truth is, our health is the foundation for everything else in our lives. That’s why the [Wellness Rewards Program](https://www.investinyourhealthindiana.com/wellnessrewards/) rewards annual physicals with the highest wellness reward—$200 for each employee and spouse covered on the state employee health plan. And remember, an annual physical is always 100% covered by your health plan\*.

To earn your $200 in rewards, download the [annual physical results form](https://www.investinyourhealthindiana.com/wp-content/uploads/2024/01/Annual-Physical-Results-Form.pdf) and bring it with you to your annual physical, and then submit the completed form through the ActiveHealth portal.

\*If non-preventive care is provided at the same time as the annual physical, there could be out of pocket costs.

**For full details about how to earn the reward and information about how to find a PCP, please visit** [**www.investinyourhealthindiana.com/annual-physical**](https://www.investinyourhealthindiana.com/annual-physical/)**.**